

**medi**



## Lumbamed<sup>®</sup> sacro

The only modular pelvis orthosis  
for precision SIJ treatment.

For day and night.



# Lumbamed<sup>®</sup> sacro

Customised adjustment to the onset of pain and degree of activity of the patient thanks to the modular construction.

## Massage pads

- Can be flexibly positioned
- Precise treatment of pain points

## Comfort-knit bandage

- Latex-free, breathable and skin-friendly



## Tension-strap system

- Infinitely variable and individually adjustable pressure

### Double-sided hand loops

- Effortless donning



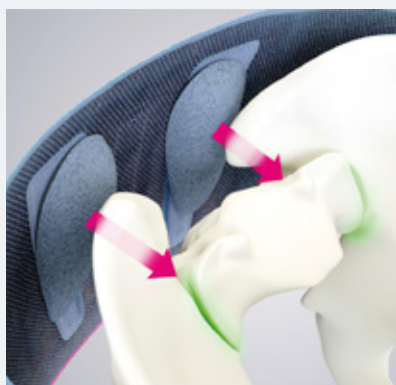
### Two-part additional fastener for the elastic comfort knit bandage

- Can also be worn without the outer pelvic brace, particularly at night

## Mode of action



Pain relief via stabilisation and reduction of strain on the sacroiliac joints and the pelvis by means of circular compression. Relief for the local ligaments and muscles.



Precision relief at points of pain in the SIJ area thanks to the flexibly adjustable massage pads.

## Indications



- Sacroiliac joint disease (SIJ syndrome)
- SIJ arthrosis
- SIJ instability
- Myalgia and tendinopathy in the pelvic region
- Pelvic girdle instability
- Symphysis diastasis and loosening

# Triple treatment success

The modular design of the Lumbamed® sacro allows it to be individually adjusted according to the level of pain and mobility of your patients.

## Donning video



This video shows your patients how quickly and easily you can use the Lumbamed® sacro in the different variants:  
[www.medi.biz/sacro](http://www.medi.biz/sacro)

### 1 Complete orthosis variant in the acute phase

Pads +  
bandage +  
pelvic brace



### 2 Light variant for more direct transfer of force

Pads +  
pelvic brace



### 3 Variant for stabilisation at night

Pads +  
bandage +  
additional fastener







The combination of the elastic bandage and inelastic pelvic brace offers the greatest possible stabilisation and relief from the start of treatment thanks to the circular proprioceptive compression. The flexibly adjustable massage pads also ensure precision pain relief in the SIJ area. The slim design of the orthosis allows it to be worn under clothing.



If the bandage is removed, the pelvic brace offers your patients an even more direct transfer of force. The massage pads can be flexibly placed on the entire inner area. The variable tension-strap system ensures individual pressure adjustment.



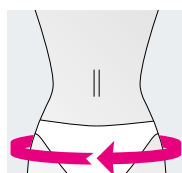
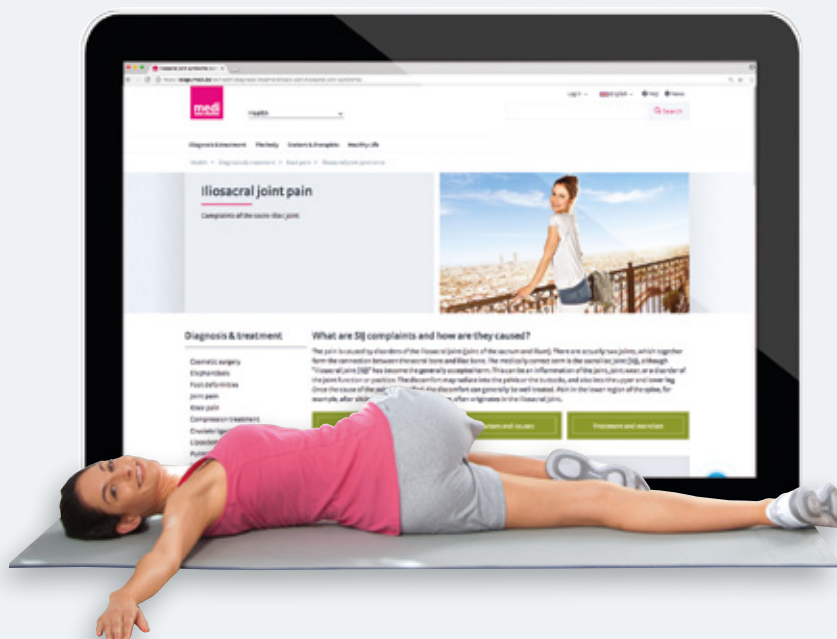
The bandage can also be used without any assistance by means of the enclosed additional fastener. This variant provides stability in a comfortable way, particularly at night. It can be worn with or without massage pads.

# Digital therapy accompaniment

All-round good care with medi – the benefit for your patients in SIJ treatment.



Your patients will find a QR code and a short URL **www.medi.biz/sacro** on the product where they will find a wealth of information and effective physio exercises that can be carried out from the comfort of their own home.



circumference hip (cm)	70 – 85	85 – 100	100 – 115	115 – 130	130 – 145
size	I	II	III	IV	V
article number	K.280.201	K.280.202	K.280.203	K.280.204	K.280.205



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